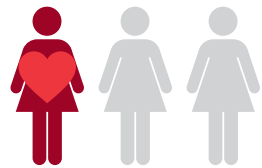
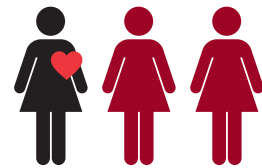


Women and Heart Disease: What You Need to Know



More than **1 in 3 women** are living with some form of heart disease.



Heart disease causes **1 in 3 deaths** among women each year – more than all cancers combined.



Nearly **two-thirds** of women who die from heart disease had **no previous symptoms**.

Heart disease affects women differently. Here's why:



Less Common Symptoms

Women experience symptoms that may seem unrelated to heart disease, like jaw pain, unusual fatigue, sudden sweating or indigestion, so may dismiss or confuse with other issues.



Biological Differences

Biologically, women generally have smaller hearts and blood vessels, with thinner chambers and finer veins, so heart disease may develop differently.



Reproductive Risk Factors

Women's health conditions like polycystic ovary syndrome, pregnancy related diabetes or hypertension, or premature menopause can increase the risk for heart disease.



Delays in Getting Care

Women often experience delays in care, putting their own needs after caring for others, or seeing a provider who lacks expertise in recognizing subtle symptoms.



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Learn your risk. Learn more at
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The experience you need. The *compassion* you deserve.

No matter how complex your condition, we have the expertise to help.

As a woman, it's important to see a specialist who is experienced in using the latest heart and vascular therapies, with the skill to customize treatment specifically for women. We understand this need and have a whole team here just for you. With national recognition for providing the best outcomes, you can feel confident in choosing University Hospitals Harrington Heart & Vascular Institute for your care.

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