

Southwest Florida Healthcare

A Passion for Patients and Medicine

For over two decades, family physician **Christine Mackie, M.D.**, has served patients with trusted, personalized care.

In an age when medicine seems to get more complicated by the minute, Christine Mackie, M.D., offers a safe, sensible haven for patients seeking holistic wellness and care.

"I'm a good old-fashioned family practice doctor who takes the time to understand my patients and who really cares about their well-being," says Dr. Mackie, the sole provider at Excellence Medical Center. "I can guarantee you're not going to feel like a number here."

Dr. Mackie entered the medical field with a love for the science of health. She landed in family medicine, specifically, with a desire to practice the whole scope of medicine. "A primary care provider is the person best positioned to help patients prevent future health events," she says. "We have the ability to help patients become and stay healthy."

In her practice, Dr. Mackie offers head-to-toe services that consider each patient's unique story and composition. From routine wellness checks, immigration exams, and treatment for common colds and illnesses to management for diabetes, hypertension, weight loss, and other chronic conditions, the team at Excellence Medical Center provides solutions that aim to achieve each patient's optimal health.

"One of my strengths is figuring out what's really going on with a patient and coming up with new approaches to address their specific needs," Dr. Mackie says.

The practice also offers routine gynecological care as well as IV infusion



services to supplement essential vitamins and minerals that may become deficient in the wake of dehydration or malabsorption syndromes. "IV infusion offers a lot of benefits in terms of skin health and delaying the aging process," says Dr. Mackie.

Experience and Expertise

With 22 years in practice and many years serving as a hospitalist at a major national hospital group, Dr. Mackie's expertise is seasoned with an extra level of sophistication.

"As a hospitalist, I gained a deep understanding of many subspecialties and different types of procedures," she says. "I'm also familiar with many of the subspecialists in our region and can offer knowledgeable referrals when my patients need specialty care." Today, Dr. Mackie has hospital privileges at every local hospital in the Cape Coral region.



Originally from the Midwest, Dr. Mackie relocated to the Sunshine State to embrace a warm, waterfront lifestyle. When she's not caring for patients, she enjoys reading, water activities, cooking, and spending time with her five children and 11 grandchildren.

"I love so much about what I do, but what's most satisfying is when I can truly help a patient understand and achieve their health goals," she concludes.

