

SAN DIEGO HEALTHCARE PROFILES



Radiance From Within

At AURAE MD, Dr. Margo Aura Emami combines cutting-edge regenerative therapies with a comprehensive approach—as a specialist in the art and science of natural beauty.

As a Harvard-trained physician and expert in aesthetic, regenerative, and anti-aging medicine, Dr. Margo Aura Emami brings more than 33 years of experience, offering individualized physician-administered care in her serene La Jolla office.

Dr. Emami started her practice with one mission: to help patients discover the radiance that emanates from personal health and wellness, and her compassionate care is a perfect reflection of this mission. At AURAE MD, the emphasis is on you as a whole individual. “True beauty is interwoven with our physical and mental health—and our appearance reflects that vitality,” says Dr. Emami.

Decades of caring for patients that required surgical intervention emphasized to Dr. Emami that patients deserve proactive care to help prevent them from ever going under the knife.

“AURAE MD provides something unique. Our comprehensive center combines the best scientific innovations with the needs of a patient to create a personalized plan,” says Dr. Emami.

From looking more youthful to improving physical performance, AURAE MD offers a full range of



Dr. Emami is a fountain of knowledge—customizing treatment plans and offering truly transformative results that help her patients feel confident, vibrant, and beautiful.

aesthetic and wellness procedures. Regularly featured in San Diego’s *The Localist*, Dr. Emami is an award-winning expert in injectables including BOTOX®, filler techniques such as the Y LIFT®, and radiofrequency microneedling for skin tightening, IPL, lasers, HydraFacial, and advanced medical-grade skincare—producing naturally glamorous results that turn back the

hands of time.

“We don’t age overnight, and reversing the effects of aging requires a thoughtful approach that comes from getting to know each patient. That’s why I meet with each patient for a 60-minute consultation and personally perform every procedure,” she says. “I want my patients to succeed. Follow up and maintenance are key to avoiding more invasive surgeries.”

Our skin and medical gym programs are the trainer you’ll love and the gym you’ll use. Recent technologies have opened the door for noninvasive “mommy makeovers” that tighten skin, melt fat, and build back muscle, all without the risk of scarring and downtime. These procedures can be used on virtually any part of the body. Building strength and lean muscle mass is also essential to anyone recovering from an injury, surgery, or just improving athletic performance. Plus you get the double bonus of both looking good and feeling better!

AURAE MD covers more than just treatments. Dr. Emami’s advanced line of medical-grade skincare is often combined with therapies to enhance effects.

“Everyone has a drawer filled with products that promised to work, but didn’t deliver. AURAE MD skincare was developed to actually affect cellular change with the purest and most potent ingredients that are safe for all skin types. Even if someone is not ready or wanting to have a procedure, our skincare alone gets results,” states Dr. Emami.

Our practice is full focus. Whether you’re concerned about weight gain, suffering from skin laxity, pigmentation, or other concerns, or looking to improve function and performance, AURAE MD is here to guide you in the right direction.

AURAE^{MD}

Aesthetic + Regenerative Medicine

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