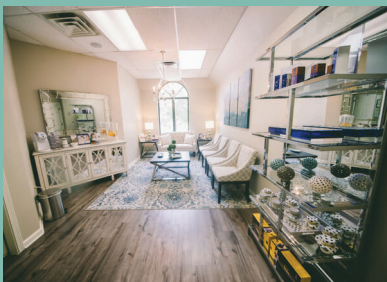


MEMPHIS + HEALTHCARE PROFILES



EMPOWERING APPEARANCES

Sneed Medispa & Wellness has the technology, training, and passion to instill confidence in clients one session at a time.

Dr. Kathryn Sneed, certified advanced facial injector, has always found herself on the front line of elevating appearances. It's a skill that she has expanded in her work as a cosmetic enhancement specialist with her physician-owned and -operated Sneed Medispa & Wellness.

"I've always wanted to make people feel more confident about their appearance," says Dr. Sneed, an American Academy of Facial Esthetics certified advanced injector. "Antiaging treatment is an art and a science that, when done right, can make someone naturally look younger and feel stronger."

Named a Top 3 Medical Spa in Memphis by Three Best Rated® and Best 100 Aesthetic Injector in America®, Dr. Sneed and her team's warmth and easygoing nature ease clients into a setting where they can safely express their insecurities, whether seeking slightly fuller lips or a physical pick-me-up to recharge their confidence.

"People should feel empowered by their appearance. If there's an area in their face or body that makes them feel insecure, it can impact every arena of their life," Dr. Sneed explains. "I listen

to their concerns and find a solution that makes them feel better about themselves affordably and with little downtime for recovery."

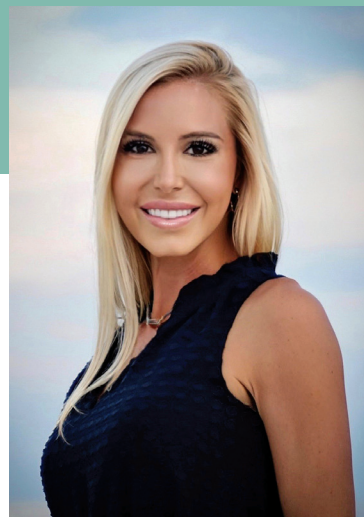
INVESTING IN THE CUTTING EDGE

Always investing in innovative and efficient technology, Sneed Medispa is one of the only places in the region offering the truSculpt® iD from Cutera and PDO thread lifts.

"Body contouring is a great option for people looking to fine-tune their bodies," says Dr. Sneed. "The truSculpt iD provides a one-and-done, 15-minute treatment that leads to an average of 24% fat reduction after a single session. The results are leagues ahead of any other machine in the market."

While the truSculpt iD reduces fat, the truSculpt® flex machine is often used in combination to build and sculpt with targeted electrical muscle stimulation. Together or separate, the services are recommended for anyone looking to lose inches or tone their body.

"The truSculpt machines are for everyone from young people looking to tighten their abs to postpartum mothers



looking to get back in shape. Patients might be someone trying to trim down or bodybuilders looking to max out their muscles beyond what dumbbells alone can offer," says Dr. Sneed.

Regardless of clients' needs, Dr. Sneed and her team listen to each to learn their goals and find how to address their concerns in a way that inspires personal and physical strength.

"Every day, I help people become the best version of themselves," she says. "I recently crossed paths with a former client with autoimmune issues. I recommended IV therapy, and now she's getting ready to hold her grandchild after regaining her strength. Hearing that I helped her on this journey fills me with pride. I love getting to know clients personally and helping them leave feeling better than they did when they arrived."

Sneed
MEDISPA &
WELLNESS

ESSENTIAL HEALTH FOR EXCEPTIONAL LIVING