

PHOENIX HEALTHCARE

ENRICHING LIVES

The co-owners of **Amada Senior Care** share one goal: to make every day safe, nurturing, and engaging.



"We are a proud woman-owned company, grounded in a desire to help others. We're always looking for quality care staff, including empty nesters and early retirees with an empathetic spirit."

KRIS PATMOS (LEFT) AND KIMBERLY AKERS, CO-OWNERS



Jim had been a farmer who loved seeing things grow. Now, living alone with increasing needs, he relied on his Amada Senior Care caregiver, who showed up every day with a smile. One day, she brought a packet of seeds; together, they dug a small plot in



the backyard and planted them.

Mae was a social butterfly, but memory issues kept her increasingly isolated. As a surprise, her Amada Senior Care caregiver invited Mae's best girlfriends over for a tea party.

Though the stories above are unique, what binds them together, say Amada Senior Care co-owners Kimberly Akers and Kris Patmos, is their organization's commitment to providing skilled, compassionate assistance with activities of daily living for senior clients.

"We met at church in 2000 and bonded over the fact that we had senior parents who needed extra assistance in the home. We discovered a shared mission: to enrich people's lives," recalls Akers. "We knew we could help other families who were going through the same challenges."

The friends joined forces to open an Amada Senior Care franchise in the

Phoenix and East Valley area. Today, they are widely known for going above and beyond for hundreds of grateful clients and their families.

Amada Senior Care caregivers are highly trained to assist with personal care and activities of daily living including bathing, meal preparation and feeding, medication reminders, walking and exercise assistance, light housekeeping, errands and shopping, toileting, and nonmedical help. Just as important, they perform their duties with kindness and caring.

Supporting Independence

"Many of our clients live in their own home and want to keep it that way; they just need extra help," explains Patmos. "Some clients are couples with only one spouse needing care. In these cases, our caregivers give the spouse a much-needed break several times a week. Being on-call 24/7 can be exhausting."

Though typically less expensive than a senior living facility, in-home senior care isn't covered by Medicare or Medicaid. "About 70% of our clients have purchased long-term care insurance; the rest pay out of pocket," explains Patmos, who, like Akers, has a deep understanding of this sometimes complex insurance

product. "Long-term care insurance can be confusing, and new clients often have questions: 'How do we get the benefits? Do we submit claims? How much care do I qualify for?' We don't sell insurance; we just help people navigate it."

Akers has advice for seniors—or their concerned family members—with questions about in-home assistance. "Don't wait for a crisis. Good care early can prevent problems later. Call us for a free consultation. We'll go over your policy and see if senior care with Amada is right for you. It can be the first step to a healthier, happier life."



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