



As a healthy 45-year-old, Brenda discovered she had breast cancer that eventually spread to her ovaries. Self-exams and proactive mammograms are the reason she's thriving today.

At Methodist Healthcare, we provide more cancer care than anyone in South Texas, so you can stay close to home while getting the globally recognized services you deserve.

For women over 40, now is the time to take charge of your health by getting regular screenings. Scan the QR code to take our breast health quiz and to schedule your mammogram today.



