

NEW YORK CITY HEALTHCARE PROFILES

Every Conceivable Option

Kofinas Fertility Group, a “family company that builds families,” specializes in finding the root cause of infertility and restoring reproductive health.

Since 1985, Kofinas Fertility Group has helped bring more than 35,000 babies into the world through comprehensive, cutting-edge fertility treatment. It was the first private practice to provide fertility treatments in the state of New York, the third in the state to start an IVF clinic, and, recently, the first to open a private reproductive surgery center in Manhattan.

“You’re never just a number here,” says Afsana Islam, director of marketing and a current patient at Kofinas.

In medical school, most doctors receive very little training on gynecological surgeries, focusing almost solely on IVF once they enter private practice. But at Kofinas, doctors only suggest IVF when medically necessary. “Our doctors are extremely thorough,” says Afsana. “We get to the root of every issue and leave no stone unturned.”

The firm’s tagline, “every conceivable option,” is a nod to that persistence. The doctors at Kofinas view each patient as a whole person with a whole body and a whole life.

“This is not only about getting you that baby you’ve been wanting, but it’s also about leaving you with better reproductive health,” says Afsana.

The Heart of the Problem

According to the World Health Organization, one in 10 women have endometriosis, and many suffer from fibroids, but most women don’t know they have these underlying conditions until they encounter problems trying to conceive. Rather than put a Band-Aid on symptoms, the team at Kofinas treats underlying, recurrent medical problems so patients are more likely to succeed with future healthy pregnancies.

“One patient took out two mortgages on her home to pay for IVF treatments at another facility,” says Afsana. “After coming here, she found out she had Stage IV endometriosis. Once we cleared that up at our surgical center, she got pregnant on her own.”



While surgery can seem daunting, minimally invasive procedures like those offered at Kofinas’ private Manhattan center can be the difference between a lifetime of pain

or a healthy pregnancy.

One of just two fertility centers in the country to offer an ovarian tissue cryopreservation program for prepubescent girls who have been diagnosed with cancer, Kofinas can freeze healthy ovarian tissue for later use.

“Once they’re cancer free and ready to have a baby, our doctors can reimplant those strips back into their ovaries, and the body will resume ovarian production like normal,” says Afsana. This is just one more way the doctors at Kofinas are working overtime to ensure their patients have the best shot at a healthy pregnancy, both now and in the future.



65 Broadway, 14th Floor, New York, NY 10006
212-878-7677 | kofinasfertility.com