

# Disrupting Addiction While Rebuilding Families

**Recovery Associates Group** is a premier mental health and substance abuse outpatient clinic in Memphis serving children, adolescents, adults, and their families.

**A** licensed clinical psychotherapist with a doctorate in behavioral health, Dr. Scherri Culp turned her vision of helping people struggling with addiction and mental illness into action in 2018 with the founding of Recovery Associates Group (RAG).

RAG offers unique, personalized approaches in the treatment of a wide range of behavioral health issues. Specialized initiatives include the **Recovery Reprive Insurance Plan** and **The Healed Mom Program**.

The Recovery Reprive program provides an internal insurance policy to ensure patients receive the treatment they need and prevent relapse. The Healed Mom program recognizes the impact of addiction on women and provides customized care and support.

“Addiction wrecks havoc on families,” says Dr. Culp. “It’s not just about the person suffering with the disorder but the whole family system that is adversely impacted by the disorder. This is why RAG designs its program to treat and support both patients and families.”

The American Medical Association recognizes addiction as a disease and a chronic disorder, sometimes preceded by other emotional problems, not a result of personal or moral failure.

A key principle of RAG is the belief that treating addiction and mental illness cannot be a one-size-fits-all process nor is it useful to apply outdated modes of therapy without considering the unique challenges of the individual. Therefore, RAG offers an evidence-based and innovative holistic approach to treatment.

Ashley Green, psychiatric nurse and RAG’s nursing program director, stresses that RAG recognizes the importance of a mind-body-soul approach to healing. “If the patient isn’t mentally stable, the therapy will not work,” she says. “A pill will not solve all their problems. Therapy and medication together are key to healing, and RAG facilitates this.”

Under the leadership of Founder and Executive Clinical Director Dr. Culp, RAG strives to meet its mission: *to create a culture of*

*care that improves the quality of life and fosters long-term change, not just symptom relief.*

## Answers to Healthcare Bureaucracy Amidst Denial of Treatment

**Recovery Reprive** gives policyholders guaranteed coverage for a 30-day inpatient treatment program. Recovery Reprive offers a lifeline and protection against denial of treatment, thus increasing the probability of needed inpatient treatment. Additionally, clinical staff works directly with inpatient staff to ensure quality and continuity of care as well as an appropriate discharge plan. As part of its care plan, RAG has interventionists and sober escorts available to travel with clients to treatment when needed.

**The Reprive Relapse Prevention Watch**, administered through Recovery Reprive, is designed to provide tools and support for those in recovery. For example, when a threat to sobriety arises, the SOS button alerts the client’s support network. It also monitors physiological symptoms, has the client’s treatment plan readily accessible, and contains a family portal.

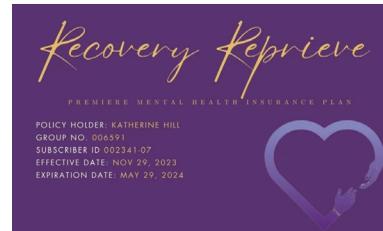
**The Healed Mom:** In the family system, no one suffers like the mothers and the women connected to those struggling with addiction. Dr. Culp designed The Healed Mom, a 12-week, intensive signature RAG program offering group support and education via Zoom for mothers and female relatives of addicts worldwide. The Healed Mom focuses on empowerment, improved self-care, and skill development. Trauma-informed yoga is a key component of The Healed Mom program as “yoga puts us in touch with the parts of ourselves that need nurturing so we can better care for and support our loved ones in their recovery journey,” Dr. Culp explains.

In honor of **MENTAL HEALTH MONTH**, RAG has reduced the cost of its signature concierge programs to make the services available to all Tennesseans. Reserve a spot **NOW** for you and your loved ones through the QR codes while the opportunity is available.



*“Signing up for Recovery Reprive was a huge blessing. The process was streamlined, making it a stress-free process. The communication from clinical staff was much more than I experienced in the past. My son completed a hassle-free stay in inpatient, and he is now in IOP and sober for three months. We owe it all to this program. The providers at RAG are sent from heaven, and my family will be forever grateful.”*

— Mary E. Dean (Seattle, 2024)



Recovery Reprive