

COVENANT LIVING:

We're here for you!



The upcoming holiday season is typically filled with family gatherings, celebrations, and looking ahead to what the new year will bring. For adult children or those with aging loved ones still living in their homes, holiday visits might be a good time to be more observant of how well they are managing living on their own.

There's no question that as we get older the tasks of home maintenance aren't as easy as they used to be. Preparing nutritious meals might not be a priority anymore. Getting out of the house and socializing with friends may not be happening either. Simply put, it might be time to start thinking about what your loved one's future looks like in terms of taking care of their needs for housing, a worry-free lifestyle, and potential healthcare.

Covenant Living Communities and Services has a variety of options for senior living in Chicagoland. We offer everything from independent living, assisted living, skilled nursing, and memory care to respite and rehabilitation services.

"We want to be of service or an advisor to individuals and their family members who might be exploring their options or next steps," said Alicia Story, Covenant Living healthcare sales director.

"Our goal is to guide the discussion of how we can help in providing support and care while individuals maintain their independence and get care when it is needed."

Our comprehensive services and amenities are designed to ensure comfort, well-being, and peace of mind. Families are welcome to explore our array of amenities, including our beautifully landscaped grounds, gourmet dining options, planned activities, wellness and fitness programs, and so much more.

If independent living is no longer an option, assisted living may be a solution that not only benefits your loved one but also eases the burden on you. Our assisted living communities provide dedicated care, ensuring that your loved one receives the support they need with the tasks of daily life. This professional care not only helps you maintain a healthy relationship with your loved one but also reduces daily stress and worry. It allows you both to embrace the lifestyles you've been wishing for, unburdened by the overwhelming responsibility of caregiving.

"Covenant Living is grounded in values and takes a holistic approach in providing care for our residents," said Andy Schultz, Covenant Living associate vice president of healthcare sales. "We look at the unique needs of individuals and make sure those needs are met with a very specific care plan."

The decision to move to a senior living community is a significant one. Whether independent living or assisted living, it can be marked with challenges

and rewards. It's important to recognize that this choice not only benefits your loved one but also offers caregivers a chance to regain their own lives, reduce stress, and rebuild relationships with their loved ones. Assisted living communities play a vital role in nurturing the well-being of seniors while providing much-needed peace of mind to those who care for them. Ultimately, it's a win-win solution that can lead to a more fulfilling and harmonious life for all involved.

Use this holiday season to be observant of changes in your loved one's lifestyle. Perhaps now is the time to start the conversation. Covenant Living has many Chicagoland senior living options that may be right for you and your loved ones. Covenant Living is here for you.



Scan the QR code below to learn more about our Chicago communities and to access our resource library, full of useful information to help guide you through the process.



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COMMUNITIES & SERVICES