

PROMOTION

HEALTHY IN SOUTH FLORIDA

## Put Your Best Face Forward

Paul Afrooz, M.D., restores vibrance, confidence, and quality of life to clients through world-class facial rejuvenation surgery.

**T**he face is the most visible part of a person's body, and operating on the area can be challenging.

That's why top Miami facial plastic surgeon Paul Afrooz, M.D., is dedicated to performing facial rejuvenation surgery with the utmost skill and precision at his state-of-the-art ambulatory surgical facility.

"I demand a lot from myself, because nothing makes me happier than hitting the mark and achieving a patient's goals," says Dr. Afrooz.



By combining a discerning artistic eye with an innate ability to listen and understand each patient's desires, Dr. Afrooz prides himself on excelling at every surgery he performs, whether that's deep plane facelifts, neck lifts, eye surgery, brow lifts, or rhinoplasties. His expertise is recognized by peers and patients alike, leading *Newsweek* to name him as one of the nation's top facelift and rhinoplasty surgeons.

Unlike other surgeons, Dr. Afrooz undertakes only one surgery per day, affording clients the greatest attention possible and never taking any shortcuts. "Giving it everything I've got in every surgery is the level of commitment I believe is necessary to achieve world-class results," he says. "It makes all the difference."

And those world-class results were borne from decades of study and practice. An Ohio native, Dr. Afrooz earned his undergraduate degree at Cornell University and later attended the Chicago Medical School. He went on to complete a seven-year plastic surgery residency program at the University of Pittsburgh

Medical Center, the nation's most elite plastic surgery training program. Prior to opening his own practice in Miami, Dr. Afrooz also completed a highly sought-after aesthetic fellowship at the Dallas Plastic Surgery Institute.

### A Work of Art

Many patients have insecurities surrounding specific facial features, especially if they find that their appearance doesn't reflect their inner energy as they age. Dr. Afrooz's goal is to restore vibrance, confidence, and quality of life for every patient he sees.

"Nothing makes me happier than a satisfied patient who is more confident in themselves and feels their quality of life has truly improved," he says.

Unlike facelifts of old, Dr. Afrooz's state-of-the-art deep plane facelift technique does not create a pulled, windswept, or overly tightened appearance. Instead, it affords patients a soft and natural appearance—never harsh or overly done. "Instead of relying only on superficial tension on the skin, I restore the deeper muscular layer of the face to a more youthful position," says Dr. Afrooz.

Afterwards, patients will notice that contour is restored to their neck and jawlines, and their eye area looks open and awake. "You'll look like you've had a month-long vacation," says Dr. Afrooz with a smile—restored and improved without altering what makes you unique and recognizable. He adds, "We're bringing back your youthful energy and vibrance without altering character."

In addition to striving for a beautiful surgical result, Dr. Afrooz and his staff take pride in providing exceptional patient experiences. "From the moment a patient makes their first contact to the time of their final postoperative appointment, we put in the work to ensure that we provide a first-class experience," concludes Dr. Afrooz. "We want the whole process to be an enjoyable one."

