



## Your Legs Need an Advocate

At **Sun Vein & Vascular**, board-certified vascular surgeon, Lucy Sun, M.D. offers a plethora of options for relief from leg pain and varicose veins.

**A**ching legs, swollen feet, and the appearance of spider or varicose veins can be much more than minor annoyances. “Visible veins alongside swelling and pain in the lower extremities should not be dismissed as merely cosmetic problems,” says Lucy Sun, M.D., a board-certified vascular surgeon based in Dallas. “Because vein disease is progressive, these symptoms could be the earliest warning of serious problems. If you notice discomfort more than once a week, get an early assessment.”

Dr. Sun has focused her career on the treatment of veins and the vascular system. For 11 years, she researched while teaching medical students, residents, and fellowship students. Two decades ago, Dr. Sun turned to private practice. In addition to providing top-of-the-line care for spider veins, varicose veins, and other related conditions—such as lipedema

and lymphedema—she consults patients undergoing many critical vascular issues.

### Expertise, Technology, Compassion

Sun Vein & Vascular provides top tier vascular care that is both state-of-the-art and highly personalized. “Treatment is holistic; that means we take into account each individual’s full range of needs, including physical, mental, and social aspects,” says Dr. Sun. “Paying attention to their anxiety, pain threshold, preferred lifestyles and future goals is an important step in designing an effective treatment strategy.”

The staff at Sun Vein & Vascular are all consummate professionals who share Dr. Sun’s commitment to providing an excellent patient experience and are fully equipped to perform leading-edge treatment modalities. “Surgery to remove unwanted veins is very effective and a majority of patients can tolerate the discomfort,” she explains. “One minimally invasive surgical option, called micro phlebectomy, removes varicose veins through tiny incisions in the skin—no sutures or general anesthesia necessary and minimal downtime after surgery.”

The Sun Vein & Vascular team has extensive experience with nonsurgical vein treatment as well as effective laser procedures. Radiofrequency ablation, injections, and ultrasound-guided sclerotherapy can be used to close bad veins. Blood clots, which can pose a serious threat of disability and even death, can be treated with a combination of surgical

and conservative measures. Lasers may be used to improve the appearance of spider veins, alleviate discomfort, reduce swelling, pain, and more.

“Patients must become their own advocate,” says Dr. Sun. “No one should be pressured to ignore symptoms like heaviness, swelling, and pain in the legs that keep them from walking or standing for long periods and diminish their overall well-being. If the appearance of leg veins keeps you from fully enjoying life, learn about your therapeutic options. Treatments are often life changing.”

**“Dr. Sun and her staff were excellent. And the best part was my results! My legs no longer ache and swell during the day, and I can actually rest at night now.”**

—Janice, Abilene, TX



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