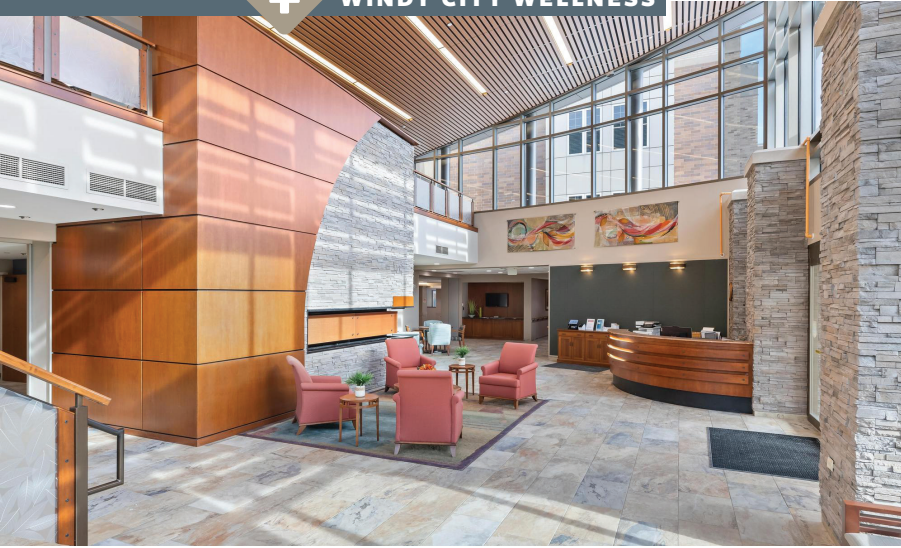




WINDY CITY WELLNESS



Grace in Action

Powered by love, Lutheran Home helps seniors embrace the journey of aging with dignity and grace—amid plenty of fun.

On a typical morning at a unique senior living community on a leafy, three-block campus in Arlington Heights, Illinois, residents fingerpaint, read storybooks, and sing songs with exuberant 3- and 4-year-olds at the in-house preschool and daycare. A few winding paths away, friends walk their dogs, stopping to greet other friends along the way. Community residents, together with seniors from surrounding neighborhoods, gather for classes, performances, and field trips at Cherish Place—the vibrant adult day club—then hop over to Jenny's Bistro for lunch. Over at the rehab building, people recovering from surgery or illness gain their strength back. In other words, a “typical morning” at Lutheran Life Communities' Lutheran Home is anything but average.

Since its inception in 1892, this mission-driven senior living organization has been fine-tuning the art of aging with grace, dignity, and vitality. Though rooted in Christian faith, the not-for-profit, locally owned organization welcomes people of all religions, backgrounds, and traditions.

“We offer a comprehensive menu of services to all seniors in the Northwest suburbs, whether they want to continue living in their home or become part of a bigger residential community,” explains Jane Fleischman, director of community-based services at Lutheran Home. “Whatever level of care you or your loved one needs—even if that changes over time—we can provide that for them.”

The organization's not-for-profit status means that funding is always directed back into Lutheran Home communities to benefit residents, Fleischman adds. Stunning modern architecture, elegant interior design, and multiple fine dining options all contribute to a high quality of life. Lutheran Home's location in the middle of bustling Arlington Heights means stores, restaurants, and entertainment are close by.

A Culture of Caring

Every senior living organization is only as good as the staff that keeps it running every day. At Lutheran Home, teams come together at the start of every shift to take a deep breath and share their intentions for the day's work ahead.

Fostering this culture of camaraderie bolsters loyalty and retention, says Aisha Hamdallah, resident administrator. “For our staff, this is not a job, but a calling; we live and breathe this work,” she says. “I recently got a letter from the daughter of one of our memory care residents. She said that while wheeling her mom back to her room, one of our certified nursing assistants came around the corner and her mom reached out her arms. The CNA bent down and hugged her so sweetly and gently, the daughter said she was in tears. Interactions like this happen every day here at Lutheran Home. It's such a comfort to families to know their loved one is cared for like this.”

Lutheran Life Communities offers assisted living, in-home healthcare, memory care, skilled nursing, short-stay and outpatient rehabilitation, respite stays, and more. In addition to the flagship campus in Arlington Heights, the organization includes three satellite continuing-care retirement communities: Luther Oaks in Bloomington, Illinois; Pleasant View in Ottawa, Illinois; and Wittenberg Village in Crown Point, Indiana.


Empowering vibrant, Grace-Filled Living across all generations.


130
YEARS OF
THROUGH MINISTRY