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INFLUENTIAL WOMEN OF ST. LOUIS



At Racquel Aesthetics and Wellness, the true innovation isn't just in advanced lasers or functional medicine. It's in the philosophy.

"Less is more," says founder Racquel Frisella. "This isn't about changing who you are. It's about celebrating and enhancing what makes you, *you*." Blending artistry, medical precision, and a deep respect for individuality, Racquel and her expert-level team create tailored solutions that deliver truly exceptional results.

More than your everyday medspa, Racquel Aesthetics

and Wellness is aesthetic medicine elevated, where confidence is cultivated through intention, and wellness is addressed from the inside out. From hormone optimization to facial balancing, every treatment is deeply personalized, rooted in integrity, and designed to enhance, not overpower.

"When you lead with service and truly understand someone's goals," Racquel says, "you can guide them toward care that makes the greatest impact."

Her team is deeply committed to continuing education and regularly travels nationwide for

advanced training. Nationally recognized, her practice has become a destination for those seeking honest, refined results where beauty never changes what makes them uniquely themselves.

"Every person deserves to feel confident in their own skin," she says. "Confidence is powerful. It changes the way you move through the world. It changes how you show up for others and yourself. This is why our mission has always been to empower you to feel your best, both inside and out."

RACQUEL
AESTHETICS WELLNESS

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