

## CENTRAL NEW JERSEY HEALTHCARE PROFILES

## PUT YOUR BEST FOOT FORWARD

As podiatric medicine and surgery evolve, **Ocean County Foot & Ankle Surgical Associates, P.C.** is the go-to specialist in central and southern New Jersey for cutting-edge treatment of the foot, ankle, and leg.



more comfortably. And its diabetic shoe and bracing program, which is covered by Medicare, aids in regaining mobility.

The treatment of bunions, a bone deformity that often develops over

**T**he treatment of diseases and injuries to the foot, ankle, and leg is the second-fastest growing segment of orthopedics says Dr. Russell Petranto, D.P.M., F.A.C.F.A.S. Their practice, Ocean County Foot & Ankle Surgical Associates, P.C., has been ahead of the curve since 1996, serving as the region's leading provider of podiatric medicine and surgery.

With both the knowledge and resources to treat a spectrum of conditions, ranging from gout and ingrown nails to dermatologic ailments and structural foot deformities, the team serves central and southern New Jersey with six convenient office locations and a freestanding surgical center.

This allows Ocean County Foot & Ankle Surgical Associates to offer both general care and surgical reconstructive treatment, and several physicians also serve as managing directors for prestigious wound care centers at local hospitals. At the institution's on-site, accredited vascular lab, the team treats patients suffering from either chronic lower extremity wounds or venous problems.

"Podiatric treatment is just as important as wearing glasses to correct your vision," says Dr. Petranto. "It can greatly improve patients' quality of life."

### From Ankle to Sole

Ocean County Foot & Ankle Surgical Associates often works with diabetic patients, who may need regular care and evaluation to prevent serious medical events, which can lead to the loss of limbs. By treating conditions like chronic ulcers and peripheral neuropathy, the practice can help individuals live

time from either poor biomechanics or inappropriate footwear, is another large focus area that "has really come a long way from years past, especially in surgical correction," says Dr. Petranto. At Ocean County Foot & Ankle Surgical Associates, cutting-edge treatment comes in the form of an elective Lapiplasty® procedure, which helps realign the structural deformity of the toe with much less pain and more predictable outcomes than past treatments have provided.

The practice also provides multiple treatments for plantar fasciitis—one of the most common causes of heel pain. In addition to traditional, more conservative avenues, which include managing pain and prescribing custom orthotics, Ocean County Foot & Ankle Surgical Associates can administer Platelet-Rich Plasma injections to stimulate growth factors and reduce inflammation. The team has even developed their own patented procedure to supercharge those same growth factors. For Dr. Petranto and his colleagues, the goal is always to alleviate pain and get patients back to living—and walking—more comfortably.



*Ocean County Foot & Ankle  
Surgical Associates, P.C.*

Locations in Toms River, Forked River, Whiting, Brick, and Browns Mills

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