

Healthy in Southwest Florida

# A New Style of Senior Living

**Arbor Trace** is an award-winning community for active adult living that grants the privilege of deeded condominium ownership and total equity.

**N**estled in the vibrant city of Naples, Arbor Trace is a serene senior living community spread across a lush 40-acre estate. From charming lakefront villas with spacious two- or three-bedroom layouts to elegant midrise condominiums featuring one-, two-, or three-bedroom homes, and a high rise with breathtaking gulf views, it provides a rich array of amenities and pet-friendly living options, with on-site assisted living options when residents are ready.

“There’s something for everyone,” says Jennifer Whitten, executive director. “Our residents are 55-plus and benefit from complete equity. They can choose to sell or rent their property, all while having full control over their finances and future health-care decisions.”

Moreover, by being part of the homeowners association, residents can influence community-related decisions without outside effect. “This arrangement enables the provision of a diverse range of premium services and amenities, all while carefully monitoring expenses,” iterates Whitten.

Properties may also be passed down to heirs, allowing residents to take comfort in the knowledge that their legacy will endure. Whitten notes that the ability to sell or transfer ownership easily is crucial, as it provides flexibility and avoids the feeling of being “stuck.”

## The Place to Be

Positioned on Vanderbilt Drive’s northern fringes, close to Wiggins Pass, and on the northwest edge of North Naples, this tropical haven provides an active and healthy lifestyle to more than 200 residences, including more than 300 independent residents and more than 25 assisted living residents who partake in on-site, community-organized events and excursions. The Colonnade Room gives great views of



the pool, garden, and lake while residents enjoy the chef-created menus. They can also explore the nearby cultural and recreational attractions of Naples and Bonita Springs in their free time.

However, care and community take precedence. “We pride ourselves on being overstaffed,” Whitten says. Licensed, full-time nurses and nursing assistants provide quick care for Arbor Glen’s assisted living residents. Every resident has peace of mind that care is available with the community-wide pendant system, should an unexpected health emergency occur. There’s also a robust dining staff, two activity directors, an on-site real estate department, housekeeping, maintenance, and transportation options for appointments and outings.

At the heart of this community lies functional lifestyle programming that spans over a vast 36,000-square-foot clubhouse, complemented by an outdoor heated pool and spa. Health and wellness services, including Tai Chi, yoga, and lifelong learning programs, are all available. Not only do residents live luxuriously, but they also give back through the Arbor Pointe Foundation, whose mission is to improve the quality of life for Arbor Pointe Management



employees by providing financial assistance for their education and supporting them during difficult situations.

“My after-school job evolved into my life’s passion,” says Whitten. Having worked with Arbor Trace for over two decades, she feels incredibly thankful to the residents who openly share their life experiences with the staff, enabling them to reciprocate and build meaningful connections. “The residents under our care are regarded as members of our extended family,” she continues. “As a youth, I cherished them as my grandparent figures, and as I grow older, they’ve become my valued mentors.”



**ARBOR TRACE**

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