

## Hometown Medicine Done Right

Hamilton Healthcare System proves that hometown healthcare can be top-notch.

hen it comes to healthcare facilities, there's an assumption that bigger is better. Hamilton Healthcare System (HHS) proves otherwise.

Nestled between the Dallas-Fort Worth metroplex to the north and Austin to the south, HHS boasts comprehensive services on par with metropolitan facilities—including three primary care clinics, specialty clinics, an EMS service, and a Level IV Trauma Center in its emergency department.

What sets HHS apart from its competitors is its intimate approach to comprehensive healthcare services. "We have a hometown medicine feel," says COO Melissa DeLaGarza, RN, BSN. "Everyone knows who you are here, and that's what makes it special."

## High-Quality Care, Community Roots

For anyone with a primary or secondary residence in Hamilton County, HHS is a great reason to stay local for a multitude of healthcare needs.

HHS's clinics in Hico, Hamilton, and Goldthwaite provide primary care and family medicine to patients of all ages administered by an experienced, connected team. For full-time residents, the clinics are a direct line to highquality, comprehensive care; for those visiting, they are a welcome alternative to the hustle and bustle of a big hospital system. HHS offers several specialized clinics for orthopedic and general surgery, pain management, wound care, and eye care.

At the heart of HHS is a 24-hour, 25-bed Critical Access Hospital that's been recently recognized as a 2024 Top 100 Critical Access Hospital by the Chartis Center for Rural Health. The hospital offers state-of-the-art technology as well as a robust surgery department, radiology unit with nuclear medicine, laboratory, and in-hospital rehabilitation services.

Staffed by local doctors who bring primary care experience and a familiarity with local patients, the hospital maintains deep connections to HHS's three clinics, streamlining consultation and referral processes. It is serviced by the system's private EMS department—a medical intensive care unit transport service with high-tech equipment that's critical for staff responding to emergencies in rural pockets.

In addition to its hospital and clinics, HHS runs wellness centers in Hamilton, Hico, and Goldthwaite. A





single membership grants access to all three centers, which provide an array of services with an indoor pool, fitness areas, physical therapy departments, and cardiac and pulmonary rehabilitation, as well as personal training, group classes, and specialty wellness lab offerings. As an investment in the long-term health of the community, these centers are an integral part of the services HHS brings to the area.

"We may be small, and we may be rural," says DeLaGarza, "but our emphasis on quality care makes us leaders in the state."

